



Cusgarne School P.E & Sport Premium Impact Statement 2022-2023

School Context

We place PE, School Sport and Physical Activity (PESSPA) high on our school agenda. We are committed to offering the children at Cusgarne School:

- high quality PE and sport across the school and are always seeking to continue our professional development
- at least 30 minutes of physical activity within the school day while also encouraging 30 minutes outside of school
- a PE curriculum with outstanding breadth and a wealth of experiences
- the opportunity for all children to take part in Level 1 (in-house) and Level 2(inter-school) competition
- a wealth of active experiences both on the school grounds and through our programme of residential trips and day visits
- an after-school programme for both KS1 and KS2

Swimming

Cohort	No. of Y6 children	Number of children achieving end of year expectations.	% of Y6 pupils who could use a range of strokes effectively when they left primary school?	% of Y6 pupils who could perform safe self-rescue in different water-based situations when they left your primary school?	Have you used the PE&SP to provide additional provision for swimming, over and above the national curriculum requirements?
2019-2020	11	11	100%	100%	No
2020-2021	14	14	100%	100%	No
2021-22	13	13	100%	100%	No
2022-2023	13	12	92%	92%	No



Spending Overview

Code	Area	Details	Amount
A	Aspire Membership	Contribution to Aspire Sport Network, including Youth Sport Trust Membership to <i>increase staff confidence, raise the profile of PESSPA, increase participation in competitive sport and broaden experience of sports</i>	£1,000
B	Other cluster membership - Richard Lander	Contribution to area membership to <i>increase staff confidence, broaden experience of sports & increase participation in competitive sport, and build links with transition to secondary school, through wider networks, and building friendships in wider sports groups</i>	£1,100
C	Staff Training	Both attending courses and supply costs to <i>increase staff confidence and raise the profile of PESSPA.</i> Focus on Active Playground CPD	£500
D	Resources	To resource new sports to support the delivery of P.E and School Sport to <i>engage pupils in wider range of regular physical activity, broaden the experience of sports & raise the profile of PESSPA.</i> <i>EYFS large physical play, and forest school resources to get children outdoors and active</i>	£2,500
E	Staffing	To support coaches coming in to school to <i>increase engagement in physical activity, increase staff confidence and upskill, and broaden the experience of sports.</i> Plymouth Argyle x2 afternoons a week (£110 x 36 weeks=£3,960) and lunchtime supervisors (£4,207) who encourage PE games and support confidence in all children being active, whilst building on fundamental skills, they also help train and guide our sports ambassadors who run games and sports afternoons for the whole school throughout the year	£8,200
F	Transport/Equipment hire	Supporting children to access off-site sports activities to <i>increase participation in competitive sport and broaden the experience of sports.</i> eg. surf day, climbing centre tuition, hire of equipment, outdoor active visits eg upton towans for KS1	£1,500
G	After School Club	Continuous improvement and enhancement of clubs to <i>increase participation in competitive sport, broaden the experience of sports and increase engagement in regular physical activity.</i> Table tennis table and bats for Breakfast club and skipping ropes and hula hoops for afterschool wrap around	£1,000
H	Top up swimming	The funding of extra sessions at KS2 to meet end of KS2 targets to <i>increase engagement in physical activity and broaden experience of sports.</i>	£1,000
Total			£16,800



Spending Breakdown

Key indicators	Code	Detail	Impact	How will this be sustained?
<p>1. The engagement of all pupils in regular physical activity – the Chief Medical Officer guidelines recommend that all children and young people aged 5-18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.</p>	<p>ABCD</p>	<ul style="list-style-type: none"> • PE lead to purchase equipment to increase activity at playtimes and lunchtimes. Purchase equipment- involve PE ambassadors in choices and adults on duty and year 6 playground leaders to continue to promote physical activity at break/lunch times. Sustain participation - active mile, the children really enjoy it. • Continue to utilise relationship with YST and liaise with Chris Caws (Regional Manager) to further develop provision. • Continue to provide after school clubs throughout week that promote activity. Adults to plan Wake ‘n’ Shake type activity on non-PE lesson days. • PSHE lessons to be delivered across the school linked to health and wellbeing including nutrition and exercise. • Purchase of purposeful equipment for EYFS/ KS1 outside learning area to promote physical activity such as large block play. 	<ul style="list-style-type: none"> • Greater number of children using equipment at playtimes and lunchtimes which will increase their activity levels. Form positive relationships with peers and adults. • Celebrate children who are taking part in Sports clubs, festivals and events during class assemblies. Greater numbers of children active beyond 30 minutes during and outside of the school day (including Level 1 and 2 competition– Staff confidence increased in delivering physical activity. • Children are positive about physical activity and understand the benefits of being active. Children equipped with the knowledge of what a healthy and active lifestyle entails- leading to more children continuing to lead healthy and active lifestyles. • Children will access this equipment everyday whilst learning and therefore will be accessing physical activity as part of their everyday learning experience. 	<ul style="list-style-type: none"> • PE ambassadors will train up next year’s PE ambassadors so that they continue to provide opportunities for active playtimes and become positive role models. • Registers to be compiled and completed each term to monitor participation in clubs. Target is at least 50% of school attending at least one club. • Monitor each term to ensure % of children being active is increasing. If not, consider further intervention that may be taken to increase numbers. • Continue to promote health and wellbeing including nutrition and exercise as part of our PSHE teaching sequence. Make use of local connections to famous sports people to come and visit school to talk to the children. • Sustained outstanding behaviour and holistic wellbeing.



<p>2. The profile of PE and sport is raised across the school as a tool for whole-school improvement.</p>	<p>ABCDE</p>	<ul style="list-style-type: none"> • Adopt a whole school approach, through our science curriculum and use of our 'Health and Well-being' curriculum driver, to developing positive attitudes to keeping healthy, including an understanding of why they should be physically active. • Hold a 'Health and Well-being Week' during the Spring term- understand the importance of physical activity to both physical and mental well-being, through the delivery of a variety of workshops, and organised off site adventurous activity. PSHE Lead to ensure teachers have knowledge and resources to deliver successfully during health week. • Have a notice board in school hall to signpost who the PE ambassadors are, the lunchtime active clubs and active mile. Whole school active participation games afternoons – lead by PE ambassadors. 	<ul style="list-style-type: none"> • Pupil conferencing to assess impact of our science curriculum and Health week on children's knowledge and understanding by science and PSHE leads. • PE lead to carry out pupil conferencing to assess attitudes to and participation levels in PE and Sport, to include monitoring of participation in activity at playtimes and lunchtimes. • Further development of positive attitudes to PESSPA of children, families and teachers Educational and academic impact Children understand what My Personal Best is and how we can become better citizens Increased numbers of children taking part in sport in school and outside of school 	<ul style="list-style-type: none"> • Families more likely to be active outside of school, making positive and healthy lifestyle choices. • PE lead to feedback to teachers the results of pupil conferencing to consider future initiatives. • PE lead to assess if there is greater visibility and celebration of our sporting events- look on twitter and bulletin.
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<p>3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.</p>	<p>ABCDE</p>	<ul style="list-style-type: none"> • Employment of a specialist coaches to upskill staff, deliver PE and school sport and CPD training for staff to include gym. Inset Day sessions. • Subject Leader in PE to introduce whole school scheme of work and monitor PE curriculum map linked to festivals and competitions. • Staff to be encouraged to wear PE clothing during lessons and school and attendance at Aspire and Richard Lander festivals. 	<ul style="list-style-type: none"> • Conduct learning walks and pupil conferencing. • Discuss with staff at the end of training sessions, at the end of term/ year, to assess if Staff confidence has further increased, and if skill sets increased in a wider range of physical activities. 	<ul style="list-style-type: none"> • Understanding of learning of PE Skills gained will empower staff year on year to develop their teaching of PE. • Children will benefit greatly from the ever-increasing quality of PE Teacher confidence is boosted and therefore empowers them to further their experiences gained so far. • Determine what additional CPD is needed mid-year and end of year.
<p>4. Broaden experience of a range of sports and activities offered to all pupils.</p>	<p>ABCDEFG</p>	<ul style="list-style-type: none"> • Aim for 100% of children representing the school in L1 and 2 competition. • Develop after school clubs to offer range of activities to children including dance. • All year 6 children to lead a multi-skills festival to develop a multi skills approach through the school. • Visit to Granite Planet & BF Adventure/Okehampton to give all KS2 children experience in adventurous sport in a specialist centre. • Engage a local orienteering club to map our school ground. 	<ul style="list-style-type: none"> • All children to experience new activities and sports, both taking part and leading activities (in the form of physical activity, PE and school sport). • Pupils to complete a survey at the end of health week and at the end of the summer term- to ascertain % of pupils that enjoyed new activity and % of pupils that learnt new skills. 	<ul style="list-style-type: none"> • Increased staff confidence in leading and arranging sporting events will further increase the amount of children taking part, the amount of competitions entered and the profile of sport at the school. • Continue to seek different opportunities for the children by asking PE ambassadors and school council to suggest alternative sports in future. Table tennis.



5. Increased participation in competitive sport.	ABCDEFG	<ul style="list-style-type: none">• Level 1 competition programme designed to broaden experiences of all children (including virtually) Ambition held for this year achieving 100% of children representing the school in L1 and 2 competition.• Continue to utilise cluster, trust and network opportunities (including virtually.)• Continue to harness the success of previous years girls football team through providing opportunities within the school day and after school for girls football.• Find a group of volunteer parents who are DBS checked who are willing to support transport of children to events and competitions, otherwise we will hire a minibus to ensure we attend.• Purchase equipment to facilitate intra competitions held within school.	<ul style="list-style-type: none">• PE lead to record participation in 2021-22, to record number of children taking part in Level 1 and 2 competitions– aim for 100% of children taking part in L1 and L2 events	<ul style="list-style-type: none">• Children’s experiences of competitive sport will more likely lead them to continuing these outside of school and into the future.• Make sure PE lead continues to attend Aspire PE lead meetings and RLS meetings so is aware of events taking place.• Continue to liaise with local school games organiser for a calendar of School Games Qualifiers.• Continue to ensure all emails are received and acted upon from Ross at RL School.
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